# SUBSTANCE ABUSE TREATMENT FACT SHEET Massachusetts Department of Public Health, Bureau of Substance Abuse Services

This fact sheet contains information about the impact of alcohol and other drug use in the Fifth Middlesex Representative District. Admission data were reported to the Bureau of Substance Abuse Services (BSAS) Substance Abuse Management Information System in FY 2003.

## **Residents of Fifth Middlesex Representative District**

# **Characteristics of Admissions**

In FY 2003, there were 115,896 admissions to licensed substance abuse treatment services in all of Massachusetts; less than one percent (304) of these admissions reside in the Fifth Middlesex Representative District. 7% (21) of admissions from the Fifth Middlesex Representative District were under 17 years of age. Please note that these statistics represent only individual admissions, and represent a figure lower than the actual number of constituents in need of treatment services. In FY 2003, admissions to all residential and outpatient substance abuse treatment services from the Fifth Middlesex Representative District reported the following characteristics:

- 73% were male and 27% were female.
- 50% were between the ages of 21-39.
- 89% were white non-Latino, 4% were black non-Latino, 4% were Latino, and 4% were other racial categories.
- 65% were never married, 15% were married, and 20% reported not to be married now.
- 19% had less than high school education, 49% completed high school, and 32% had more than high school education.
- 47% were employed.
- 10% were homeless.
- 42% had prior mental health treatment.

#### **Primary Substance of Use**

At admission clients also identify a "primary drug" of use that is the substance for which the client is seeking treatment. Table 1 compares the proportional distribution of primary drugs in Massachusetts with that for the Fifth Middlesex Representative District.

Table 1 Primary Drug by District and State FY 2003									
	Alcohol	Heroin	Marijuana	Cocaine	Crack				
District	61%	17%	13%	3%	2%				
State	43%	38%	6%	4%	4%				

### **Substances Used in Past Year**

Upon entering treatment, each client is asked to report ALL substances used in the past year (12 months) prior to admission. Admissions frequently report using more than one substance within the year. The use of more than one psychoactive substance, such as alcohol and marijuana, is referred to as 'polydrug' or 'polysubstance' use.

Table 2 shows ALL substances which clients reported using in the year prior to admission, as well as the prevalence of injection drug users (or IDU's), individuals who use a needle to ingest cocaine, crack, heroin or another drug to get high.

Table 2 Annual Admissions by Substance Used: FY 1995 – FY 2003											
Fifth Middlesex Representative District											
	Total	Alcohol	Marijuana	Cocaine	Crack	Heroin	IDU				
FY '95	217	196	55	51	27	31	19				
FY '96	187	167	53	42	24	31	23				
FY '97	269	232	85	63	30	43	25				
FY '98	304	260	95	64	38	49	27				
FY '99	317	267	103	54	30	55	40				
FY '00	297	232	104	67	29	56	41				
FY '01	275	226	95	76	41	59	35				
FY '02	340	255	102	60	24	69	48				
FY '03	304	242	95	54	31	61	44				